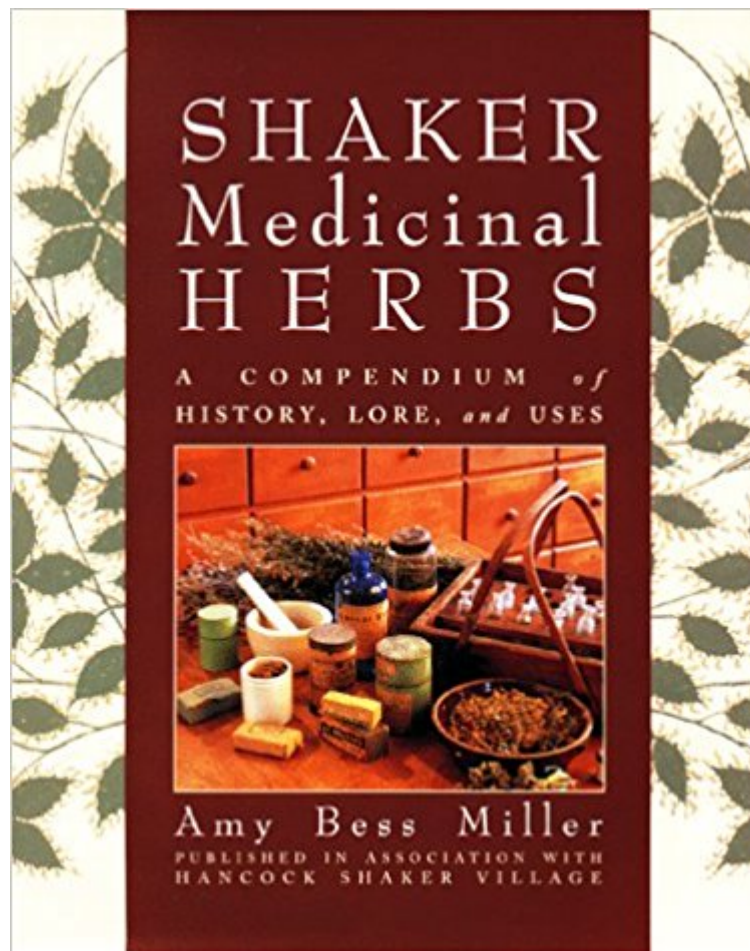




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Shaker Medicinal Herbs: A Compendium Of History, Lore, And Uses



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Synopsis

This vibrant revision of a vintage treatise on medicinal herbs documents Shaker usage of 300 plants, shrubs, and trees. This edition features botanical drawings painted in 1880 by Sister Cora Helena Sarle, Shaker seed labels, catalogs, diary excerpts, and more. Published in association with Hancock Shaker Village in Pittsfield, Mass.

Book Information

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Customer Reviews

"...an attractive and informative book offering an insightful view into the longest lived of all Shaker industries." -- Brother Arnold Hadd, United Society of Shakers, Sabbathday Lake, Maine

Because the Shakers were a small community, an epidemic disease could significantly reduce their numbers. The health of each individual was thus of the utmost importance. Drawing upon Native American plant knowledge and keeping extensive medical records, they became self-sufficient in maintaining good health through the use of herbs. From this modest beginning, born of necessity, the Shakers became the first people in the United States to produce herbs on a scale large enough to supply the pharmaceutical market. Furthermore, their unwavering honesty and workmanship brought herbal medicine to a new level of respectability. The Shakers were their own best historians and left us a wealth of journals, letters, and publications. Shaker Medicinal Herbs is filled with writings by Shaker herbalists, 19th-century physicians, neighboring farmers, visiting writers, and Shaker sisters and brethren. This edition also contains authentic Shaker botanical drawings, seed

labels, catalogs and diary excerpts, plus an illustrated herbal compendium of more than 300 plants, shrubs, and trees the Shakers used medicinally.

Very detailed book about Shaker's use of herbs for medicinal purposes...including roses for "medicinal" rose water, and wine, "for medicinal" purposes only...Included are photo's of old and recent packaging and advertising for Shaker Herbs. I have just recieved it and just started reading, but a quick review looks like it is very complete!!

First half about shaker herbal medicine. second half about plants and medical properties.

Great book just as described. Thanks.

While this book also offers some great stories and Shaker wisdom, it also has a great reference in the back filled with herbs and what the Shakers used them for. While, of course, some of the herb info is outdated, it's still very nostalgic and interesting.

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